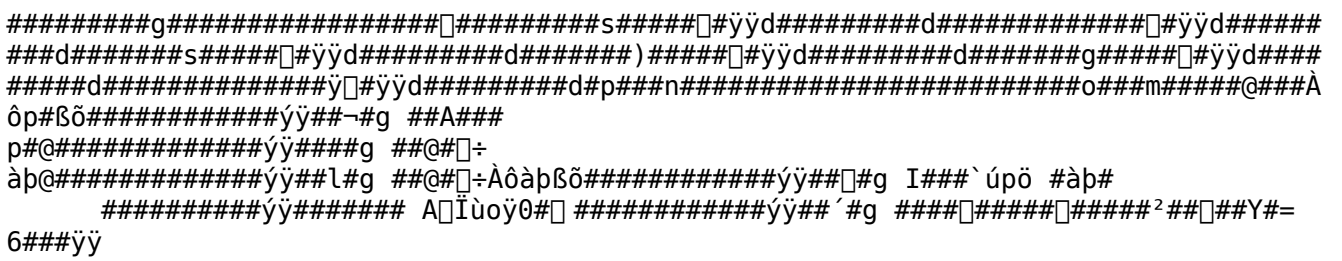

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#####################################(#######Times New
Roman#####Tahoma#####Arial#####Arial Unicode MS#####tricare_national#"###TRICARE
Your Military Health Plan#####Covered Maternity Care# ###Eligible Beneficiary
Categories#C###Maternity Health Care Choices□Military Treatment Facilities
(MTFs)#####MTFs□Family-Centered Care#####MTFs□Family-Centered Care#2###Maternity
Health Care Choices□Civilian Facilities#####TRICARE Prime#0###TRICARE Prime Costs□
Active Duty Family Members#0###TRICARE Prime Costs□ Active Duty Family
Members#7###TRICARE Prime Costs□ Retirees and their Family Members#7###TRICARE
Prime Costs□ Retirees and their Family Members#6###TRICARE Prime Maternity
Referrals and Authorizations#$###Additional Maternity Authorizations#*###Maternity
Care □  Point-of-Service Option#*###Should you Disenroll from  TRICARE Prime?
#0###Converting to TRICARE Extra or TRICARE Standard#6###Maternity
Expenses□TRICARE Extra and TRICARE Standard#####TRICARE Extra#0###TRICARE Extra
Costs□ Active Duty Family Members#0###TRICARE Extra Costs□ Active Duty Family
Members#6###TRICARE Extra Costs□ Retiree or Retiree Family Member#7###TRICARE
Extra Costs□  Retiree or Retiree Family Member#####TRICARE Standard #3###TRICARE
Standard Costs□ Active Duty Family Members#3###TRICARE Standard Costs□ Active Duty
Family Members#9###TRICARE Standard Costs□ Retiree or Retiree Family
Member#:###TRICARE Standard Costs□  Retiree or Retiree Family Member#8###Defense
Enrollment Eligibility Reporting System (DEERS)#####Updating DEERS
Information#####Well-Baby and Well-Child Care#####If Your Sponsor is
Mobilized#####TRICARE Regional Contractors#####Thank You!#####TRICARE Product
Feedback #
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###ä####### ~□Ù########New Parents Briefing#nce########Jessica.Meyle@tma.osd.mil#
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OASD(HA)/TMA#ng#########eyl####þÿ##########################à□
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###TRICARE#Your Military Health Plan##¡#&###"###########################
######################¨#####New Parents Seminar
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#####################¨#####Covered Maternity Care#############¨#z###TRICARE helps
pay for maternity care during pregnancy, delivery of the baby, and up to six weeks
after the baby is bornIf TRICARE eligibility ends during the pregnancy, TRICARE
does not cover any remaining maternity care, unless the family qualifies for the
Transitional Assistance Management Program (TAMP) or has enrolled in the Continued
Health Care Benefits Program
(CHCBP)##¡#####{#########Z#{#########ó#####_###########1####################¨####
#Eligible Beneficiary Categories#############¨#Z###Expectant mothersActive duty
and retired service membersActive duty and retired family membersSpouseDependent
daughterNewbornsNewborn claims are billed separately from claims for expectant
mothersIf mother is dependent daughter, newborn is not covered under TRICARE
unless the father of the baby is an active duty or retired service
member##¡#r#############Z#O#########Z###########Z#
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T#R#I#C#A#R#E# #E#x#t#r#a# #a#n#d# #T#R#I#C#A#R#E#
#S#t#a#n#d#a#r#d###i#####6#########K#6#########□###########¨#####Prenatal care,
labor and delivery, and postnatal care with a civilian provider Beneficiaries are
responsible for annual deductibles and cost-sharesThe amount of the cost-share
varies based on the length of stay in the hospital and the medical needs of the
mother and baby
##i#L###P#########E#########}##############################P#######E#######□#####
####ó#####N###########(#########□###########¨####TRICARE Extra##□###########¨#
      ###Seek maternity care from TRICARE network providersAnnual deductibles
apply when you choose to deliver at home or as an outpatient Active dutyE1-E4:
$50/individual and $100/familyE5 and above: $150/individual and $300/familyRetiree
$150/individual $300/family##i#□###□#########Z#
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##r#####"#########ó#####I###########$#########□###########¨#####Updating DEERS
Information##¡###############################ÿ##þ##□###########¨#####Visit an ID
card issuing facility; locate one near you at www.dmdc.osd.mil/rslCall 1-800-538-
9552Mail changes to:Defense Manpower Data Center Support OfficeAttn: COA400
Gigling RoadSeaside, CA 93955-6771Make address changes online at:
www.tricare.osd.mil/DEERSAddress
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0##ß#####:###J#####ò#######ó#################ÿB
0##ß#####ò#########ó#####P###########*####################¨#####Well-Baby and
Well-Child Care##########¨#4###TRICARE offers well-baby and well-child care
for newborns up to age 6Available to all TRICARE beneficiariesTRICARE Prime
continues to offer the best value to youNo copayments Enhanced vision benefit
Guaranteed access to careDeductibles and cost-shares apply when using TRICARE
Extra and TRICARE
Standard##¡#>###¤#########Z#A#########Z#P#########Z#¤#######A#########P#########ª#
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#########□#########ó#####7#####################□###########¨#####If Your Sponsor
is Mobilized##□###########¨#□###The other parent or guardian should be prepared to
show power of attorney to register newborn in DEERSSome expectant mothers may
elect to return to their families while their sponsor is mobilized and/or deployed
These beneficiaries must follow certain guidelines to ensure that their claims are
paid and that point-of-service charges are not incurredThis refers to moves within
and outside of your current region##¡#
###□#########□#####"#################ó#####u###########;#########□###########¨####
#TRICARE Regional Contractors##□###########¨#@###TRICARE North RegionHealth Net
Federal Services, Inc.www.healthnetfederalservices.com1-877-TRICARE (1-877-874-
2273)TRICARE West RegionTriWest Healthcare Alliancewww.triwest.com 1-888-TRIWEST
(1-888-874-9378)TRICARE South RegionHumana Military Healthcare Services, Inc.
www.humana-military.com1-800-444-5445##¡#□##########0##Z###"######0##Z###!
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###Thank You!##□###########¨#Á###TRICARE offers a comprehensive maternity benefit
for you and your newbornFrom preventive health services, to better coordination
with our civilian system and lower out-of-pocket costs for families, we have
designed and fully implemented a strong, more uniform benefit Wherever we maintain
medical capability and capacity, whether through military or civilian services,
our goal is a world-class health benefit that serves the needs of our members
##¡#####Â#########Â###########ó#####w###########=#########□###########¨#####TRICAR
E Product Feedback ##¡#####################
###############□###########¨#g###Please provide feedback on this presentation at:
http://www.tricare.osd.mil/evaluations/
presentations##¡#*###1#####################6###########h#######/#ð#Ô#####ó#######
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#####ðý#####□###########¨#é###If you or a family member is pregnant, just had a baby, or recently adopted a child, there is important information concerning maternity care and newborn enrollment that you need to know. During this seminar we will discuss how to enroll your newborn, and changes in legislation that affect where you can obtain prenatal and postnatal care. This seminar will provide you with information on how to make sound decisions concerning your health care and that of your newborn or adopted child.###ðH#####
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#¢###ð######□###########¨#t###Because the requirement to get a nonavailabilty statement has been eliminated, some TRICARE Prime beneficiaries who currently receive care at their MTF are wondering if they should disenroll from TRICARE Prime and seek civilian maternity care under TRICARE Extra or TRICARE Standard. If you are one of these beneficiaries, make sure you check for the availability of an obstetrician or other maternity care provider before you make the decision to disenroll from Prime. Due to escalating malpractice insurance costs, many obstetricians have limited their practices to gynecology only; others may not accept TRICARE Standard. You also should check for the availability of a pediatrician for your infant before disenrolling from Prime. This sheet will help expectant mothers to understand their new TRICARE options. Active Duty women will continue to obtain their care at MTFs.##¡#$###u#########F#######□#######□#□#########ª#b###!
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#¢###ð######□###########¨#¼###While TRICARE pays for the expenses of prenatal care, labor and deliver, and postnatal care with a civilian provider, patients will still have to make a copayment. The amount of the copayment varies based on the length of stay in the hospital, and the medical needs of the mother and baby. If a woman delivers early and has complications, the costs of her and her baby's care at a civilian facility could really add up in Standard cost-shares. Remember, you have the option to stay TRICARE Prime and have your baby at a military facility. There are no copayments or cost-shares, and you will still receive high-quality health care from top-notch doctors in a state-of-the-art health care facility. ##ª#>###□####### ################# #########k#######
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#×###ðÞ#####□###########¨#6###Active duty service members are covered under the TRICARE Prime benefit but are required to complete a TRICARE Prime enrollment form.To participate in TRICARE Prime, active duty family members, retirees, and their family members must also complete a TRICARE Prime enrollment form. There is no enrollment fee for active duty family members. Retirees and their family members must pay an annual enrollment fee of $230 for an individual or $460 for a family. If the TRICARE Prime enrollment form is received by the 20th of the month, coverage is effective the first day of the next month. For instance, if an enrollment is received by March 20, coverage will begin April 1. If a family enrolls March 25, it will be covered under the TRICARE Prime benefit starting May 1. Enrollment in TRICARE Prime is continuous. During the period of enrollment, TRICARE Prime beneficiaries are "locked in" to using only TRICARE Prime. Beneficiaries can choose to disenroll or can be disenrolled due to a move to a non-TRICARE Prime area, a move out of their service area, or nonpayment of enrollment fees. If beneficiaries choose to disenroll from TRICARE Prime, or are disenrolled for nonpayment, they are subject to a 1-year lockout for early disenrollment. The lockout provision does not apply to active duty family members of E-1 through E-4. ##¡#"###7#########5#####$######þ########□###ª#b###´#######
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#¢###ð*#####□###########¨#â###In choosing civilian maternity care, a family must disenroll from TRICARE Prime and convert to TRICARE Standard. Switching to TRICARE Standard means not being able to re-enroll in TRICARE Prime for a period of one year unless the sponsor is in pay grade E-4 or below. During this time, patients needing medical attention, other than maternity care, will be subject to out-of-pocket expenses, such as deductibles and copayments.##Once a family converts to TRICARE Standard, all standard cost-shares are applicable. So for example, if a patient is pregnant and requires care for a broken leg or pneumonia, something not related to the pregnancy, the family would be required to pay cost-shares for health care, and that can be significant.##ª#,###3####### ########d#######
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#¡###ðÛ#####□###########¨#□###If a Prime beneficiary chooses to receive her maternity care without obtaining a referral, she will be exercising her POS option. This does not require disenrolling from TRICARE Prime but does entail significantly higher costs, which must be paid out of pocket. #When utilizing the POS option, TRICARE Prime beneficiaries are responsible for an annual deductible of $300 for an individual or $600 for a family. Once this deductible is met, out-of-pocket cost-shares for care received under the POS option are 50 percent of the TRICARE allowable charge. Beneficiaries will also be responsible for any additional charges from non-network providers, up to 15 percent above the TRICARE maximum allowable charge, as permitted by law. Also, any POS-related out-of-pocket expenses do apply to the annual, enrollment-year catastrophic cap. (The catastrophic cap is a protection designed to limit the TRICARE beneficiary's out-of-pocket expenses for allowable charges for TRICARE-covered services and supplies.) The beneficiary is responsible for POS charges after the catastrophic cap has been met.Catastrophic Cap: Active duty--$1,000   Retirees--$3,000#
##¡#####□#########□##### ###########□###ª#####□#######

#¡###ðr#####□###########¨#####An additional authorization is needed for other specialty care or more than 16 office visits. This includes: perinatal, genetic, special testing procedures, and high-risk pregnancies. This does not include the inpatient admission. That requires a separate authorization. The inpatient or delivery authorization is requested by the facility upon admission. If the admission is not authorized, the payment will be your responsibility under the point-of-service option and you will be responsible for the charges.
##¡#4################### ###ð#######□####### #□########

#©###ða#####□###########¨#####If the sponsor is deployed or on TDY, the other parent or guardian should be prepared to show power of attorney to register the infant or adopted child in DEERS. Also, some pregnant TRICARE beneficiaries with newborns, elect to return to their families while their sponsor is away on active duty. These beneficiaries must follow certain guidelines to ensure that their claims are paid and that point-of-service charges are not incurred if enrolled in TRICARE Prime. This refers to moves both within and outside of your current region. ##¡#*################## ######### #□##########□####ðH#####
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#Y###ð¿#################¨#«###TRICARE helps pay for maternity care during pregnancy, delivery of the baby, and up to six weeks after the baby is born. If TRICARE eligibility ends during the pregnancy (for example, due to discharge of the sponsor), TRICARE does not cover any remaining maternity care, unless the family qualifies for the Transitional Assistance Management Program (TAMP) or has enrolled in the Continued Health Care Benefits Program (CHCBP).###ðH#####
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#Y###ðú#####□###########¨#□###Your local MTFs are committed to being responsive to your needs and have implemented several initiatives that include:Improved continuity of providers for prenatal careCareful, seamless coordination between facilities if you need to transferPersonalized pain managementIndividualized birth plansImproved access to first trimester appointmentsPrivate postpartum rooms
Lactation education and
support##¡#(###w#####################w###############□###ª#######################□
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#§###ð□#####□###########¨#####You can verify your DEERS information by contacting your regional contractor, by visiting a TRICARE service center, or by contacting the nearest uniformed services personnel office (ID card facility). Sponsors or registered family members may make address changes, however, only the sponsor can add or delete a family member from DEERS, and proper documents are required such as a marriage certificate, divorce decree, and/or birth certificate. Update DEERS Information in one of the following ways:Visit an ID card issuing facility; locate one near you at www.dmdc.osd.mil/rslCall 1-800-538-9552Mail changes to:Defense Manpower Data Center Support OfficeAttn: COA400 Gigling RoadSeaside, CA 93955-6771 Make address changes online at: www.tricare.osd.mil/DEERSAddress##¡#d###j#########^#########A#########ö########:#######□#########□#%#######□#^#######□# #######□#!#######□###ª#□###0##`#################=##

#©###ð□#####□###########¨#□###Be sure to contact your regional contractor if you have any questions about your maternity coverage at any time during your pregnancy.###ðH#####
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###ÿÿ#####ÿ□#ÿÿd#########d#########õ###If you or a family member is pregnant, just had a baby, or recently adopted a child, there is important information concerning maternity care and newborn/child enrollment that you need to know. During this seminar we will discuss how to enroll your newborn/child, and changes in legislation that affect where you can obtain prenatal and postnatal care. This seminar will provide you with information on how to make sound decisions concerning your health care and that of your newborn or adopted child.#

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÷=ûæ ³#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########^###TRICARE covers maternity care, which includes prenatal care, delivery, and postpartum careIf TRICARE eligibility ends during the pregnancy, TRICARE does not cover any remaining maternity care, unless the family qualifies for the Transitional Assistance Management Program (TAMP) or has enrolled in the Continued Health Care Benefits Program (CHCBP)

###ÿÿ#####ÿ□#ÿÿd#########d#########□###TRICARE covers maternity care, which includes prenatal care, delivery, and postpartum care. If TRICARE eligibility ends during the pregnancy (for example, due to discharge of the sponsor), TRICARE does not cover any remaining maternity care, unless the family qualifies for the Transitional Assistance Management Program (TAMP) or has enrolled in the Continued Health Care Benefits Program (CHCBP).

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÷=û##□#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########F###Expectant mothersActive duty and
retired service membersActive duty and retired family membersSpouseDependent
daughterNewbornsNewborn claims are billed separately from claims for expectant
mothersDependent daughter□s newborn is covered under TRICARE if the father of the
baby is an active duty or retired service member
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###ÿÿ#####ÿ#ÿÿd#########d#########X###All TRICARE-eligible expectant mothers are eligible to receive maternity care under TRICARE. Eligible categories include: Active duty and retired service members Active duty and retired family members SpousesDependent daughtersUnder TRICARE, newborn claims are always billed separate from the mothers. (This is not true under some private plans.)Additionally, newborns are covered under TRICARE unless the mother is a dependent daughter and the father of the baby is not eligible for TRICARE. If the sponsor of the dependent daughter adopts the newborn, the baby will be covered under TRICARE.

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      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########7###Defense Enrollment Eligibility
Reporting System (DEERS)#
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##########ÿ□#ÿÿd#########Z#########þ###In order for your child to receive TRICARE Prime coverage, he or she must be registered in the DEERS database. If the child□s name is not in DEERS, he or she will not show as eligible for TRICARE Prime benefits, and claims will be paid as TRICARE Standard after the baby is 61 days old.First, obtain a copy of your child□s birth certificate, certificate of live birth, or adoption papers. The certificate of live birth may be obtained from your hospital□s medical records department. Then, the child□s sponsor must take the appropriate document to the nearest military base or post personnel office to register him or her in DEERS. A newborn infant is covered as a TRICARE Prime beneficiary in DEERS for the first 60 days after birth□as long as one additional family member is enrolled in TRICARE Prime or TRICARE Prime Remote. After the initial 60 days, any claim submitted for a newborn will process as TRICARE Standard until the infant is enrolled in DEERS and formally enrolled in TRICARE Prime, or until the infant's TRICARE Standard eligibility ends. To be enrolled in TRICARE Prime a parent or guardian first must fill out and submit the enrollment application. Eligibility for TRIACARE Standard ends after 365 days if your child is not enrolled properly in DEERS.

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C###############□#ÿÿd#########Z#############Visit an ID card issuing facility;
locate one near you at www.dmdc.osd.mil/rsl#Call 1-800-538-9552#Mail changes to:
Defense Manpower Data Center Support OfficeAttn: COA400 Gigling RoadSeaside, CA
93955-6771#Make address changes online at: www.tricare.osd.mil/DEERSAddressi
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###ÿÿ#####ÿ#ÿÿd########d############You can verify your DEERS information by contacting your regional contractor, by visiting a TRICARE service center, or by contacting the nearest uniformed services personnel office (ID card facility). Sponsors or registered family members may make address changes. However, only the sponsor can add or delete a family member from DEERS, and proper documents are required such as a marriage certificate, divorce decree, and/or birth certificate. Update DEERS Information in one of the following ways:Visit an ID card issuing facility; locate one near you at www.dmdc.osd.mil/rslCall 1-800-538-9552Mail changes to:Defense Manpower Data Center Support OfficeAttn: COA400 Gigling Road Seaside, CA 93955-6771Make address changes online at: www.tricare.osd.mil/DEERSAddress#

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÷mûö#Ó#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########9###Offers family-centered care for
the least#out-of-pocket costs to beneficiaries□overall the best value#TRICARE
Prime enrollees have priority access to care#Beneficiaries using TRICARE Extra or
TRICARE Standard may seek care at the MTF if space is available, but are not
required to use the MTF for maternity care#

###ÿÿ#####ÿ□#ÿÿd#########d#########å###A military treatment facilities (MTF) is any military hospital or clinic and they are the core of the Military Health System. If the expectant mother is an active duty service member, she will receive all of her maternity care at an MTF where available. TRICARE Prime beneficiaries not only have guaranteed priority access to the MTF for care, but they must receive maternity care from the MTF. If the MTF does not have capacity, the patient will be referred to the TRICARE network for care.Maternity care at the MTF is the least costly option□the overall best value for you. MTFs also offer a family-centered care approach that we will discuss in the next few slides. Beneficiaries using TRICARE Extra and TRICARE Standard may seek maternity care at the MTF if space is available. Space in the MTF is usually limited and seeking care outside of the MTF, under TRICARE Extra or TRICARE Standard, is a more costly option□not only for maternity care, but for other health care needs as well.ÿ

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s###############□#ÿÿd#########Z#########□###Offers families standardized services
starting with the first obstetric visit and continuing after the birth#of the
child#Respect for your emotional well-being, privacy, and personal preferences#
Empowerment through honoring your family□s personal and cultural beliefs#Choices
in treatment#Flexibility to welcome fathers, significant others, and siblings to
be a part of your childbirth experience#
```

##########ÿ□#ÿÿd#########d#########z###The new family-centered care approach offers families standardized services starting with the first obstetric visit and continuing after the birth of the child. The military services combine their expertise to offer patients a world-class standardized OB benefit while assisting family members whose sponsors are deployed. With family-centered care you get: Respect for your emotional well-being, privacy, and personal preferences Empowerment through honoring your family□s personal and cultural beliefsChoices in treatmentFlexibility to welcome fathers, significant others, and siblings to be a part of your childbirth experience

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³###############□#ÿÿd#########Z#########$###Improved continuity of providers for prenatal care#Careful, seamless coordination between#facilities if you need to transfer#Personalized pain management#Individualized birth plans#Improved access to first trimester appointments#Private postpartum rooms#Lactation education and support

###ÿÿ#####ÿ□#ÿÿd#########d#########□###Your local MTFs are committed to being responsive to your needs and have implemented several initiatives that include: Improved continuity of providers for prenatal careCareful, seamless coordination between facilities if you need to transferPersonalized pain management Individualized birth plansImproved access to first trimester appointmentsPrivate postpartum roomsLactation education and support

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÷□û#
□#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########ý###TRICARE Prime beneficiaries may be able to seek care from TRICARE network if MTF cannot provide servicesTRICARE Extra beneficiaries seek care from TRICARE network providersTRICARE Standard beneficiaries seek care from any TRICARE-authorized provider#

###ÿÿ#####ÿ□#ÿÿd#########d#############As stated earlier, the MTF is the facility of choice for TRICARE Prime beneficiaries. If the MTF is not able to provide maternity services, expectant mothers enrolled in TRICARE Prime will be referred to a TRICARE network provider for care. If you are enrolled in TRICARE Prime and you seek maternity care from a civilian provider□network or non-network□without a referral, you will be utilizing your point-of-service (POS) option and will be subject to deductibles and cost-shares.Deductibles: $300 per individual/$600 per familyCost-Share: 50 percent of the TRICARE allowable chargeWhen using TRICARE Extra you will receive all care from a TRICARE network provider. To locate a network provider visit www.tricare.osd.mil/ProviderDirectory. When using TRICARE Standard, you may seek care from any TRICARE-authorized provider call or visit your regional contractor online to find a TRICARE-authorized provider near you. We will discuss the costs associated with TRICARE Extra and TRICARE Standard later in the seminar.

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£###############□#ÿÿd#########d#########□###In most cases, expectant mothers enrolled in TRICARE Prime will have their prenatal care and deliveries in#an MTF#No annual deductibles#No enrollment fees for active duty family members; retirees and family members pay $230/individual or $460/family#Copayments are less under TRICARE Prime#Newborns are deemed TRICARE Prime enrollees if at least one family member is enrolled in TRICARE Primeo

##########ÿ□#ÿÿd#########d#########s###To participate in TRICARE Prime, you must complete a TRICARE Prime enrollment form regardless of your status (active duty, active duty family member, retiree, retiree family member). There is no enrollment fee for active duty family members. Retirees and their family members must pay an annual enrollment fee of $230 for an individual or $460 for a family. Active duty service members must enroll in TRICARE Prime.##If the TRICARE Prime enrollment form is received by the 20th of the month, coverage is effective the first day of the next month. For instance, if an enrollment is received by March 20, coverage will begin April 1. If a family enrolls March 25, they will be covered under the TRICARE Prime benefit starting May 1. ##Enrollment in TRICARE Prime is continuous. During the period of enrollment, TRICARE Prime beneficiaries are required to use only TRICARE Prime. Beneficiaries can choose to disenroll or can be disenrolled due to a move to a non-TRICARE Prime area, a move out of their service area, or nonpayment of enrollment fees. If beneficiaries choose to disenroll from TRICARE Prime, or are disenrolled for nonpayment, they are subject to a 1-year lockout for early disenrollment. The lockout provision does not apply to active duty family members of E-1 through E-4. Newborns are deemed TRICARE Prime enrollees if at least one family member is enrolled in TRICARE Prime

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costs for the mothern
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Family Members#
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##########ÿ□#ÿÿd#########d#########"###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.If the mother is active duty, she must receive her care at an MTF.

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÷mû¼#Süÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########2###This chart depicts maternity costs for the newborn

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Family Membersi
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###ÿÿ#####ÿ□#ÿÿd#########d#############Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.It□s important to remember that even though a dependent daughter of an active duty service member or retiree is TRICARE eligible and covered for maternity care, the newborn is not considered eligible for TRICARE unless the father of the baby□the baby□s sponsor□is an active duty service member or retiree. In those cases in which the father is not an active duty or retired sponsor, you will be responsible for 100 percent of the inpatient and outpatient fees for the newborn.If the newborn is adopted by the dependent daughter□s sponsor, the baby will be covered under TRICARE as an active duty or retired family member (depending on status).

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############################################ÿ□#ÿÿd#########d#########1##□##
÷mû:#Süÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########1###This chart depicts maternity
costs for the motherÿ
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##ÿ□#ÿÿd#########d#########r##□##ÚömøV
      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########6###TRICARE Prime Costs□#Retirees
and their Family Members

##########ÿ□#ÿÿd#########d#########Ý###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.e

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÷û¼#óûÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########2###This chart depicts maternity costs
for the newborn

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############################################ÿ□#ÿÿd#########d#########r##□##ÚömøV
      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########6###TRICARE Prime Costs□#Retirees
and their Family Members
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###ÿÿ#####ÿ□#ÿÿd#########d#########□###Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.Examples:Same newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on the same date that the mother is admitted into the hospital for delivery.Different newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on a different date from the date the mother is admitted for delivery. For example, if the mother is admitted on May 5th and the baby is actually born on May 6th or after, the costs for the newborn would fall into this category.#

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############################################ÿ□#ÿÿd#########d#########r##□##ÚömøV
      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########5###TRICARE Prime Maternity
#Referrals and Authorizationsh
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³###############□#ÿÿd#########d#############Must obtain a referral from the primary care manager (PCM) for civilian maternity care#Authorization includes prenatal and postnatal care, including a six-week follow-up visit#The referral does not include conditions #not related to pregnancy (i.e., a sprained ankle, ear infection)

###ÿÿ#####ÿ□#ÿÿd#########d#########ü###

TRICARE Prime beneficiaries are assigned a primary care manager (PCM) who coordinates their care□including maternity care.#If inpatient or specialty maternity care is required, the patient must go to an MTF if the services are available. In most cases, expectant mothers with TRICARE Prime must have their prenatal care and deliver their babies in an MTF. A TRICARE Prime-enrolled dependent who sees her PCM at the MTF must obtain a referral from her PCM if she wants to receive maternity care from a TRICARE network provider. #An authorization is then completed, which includes prenatal and postnatal care, including a six-week follow-up visit. #The referral does not include conditions not related to pregnancy (i.e., a sprained ankle, ear infection, etc.)

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÷mû□#C###############□#ÿÿd#########d#########ÿ###For other specialty care or more than 16 office visits This includes perinatal, genetic, special testing procedures, and high-risk pregnancies#If the admission is not authorized, you will be responsible for TRICARE Prime #point-of-service (POS) charges#

##########ÿ□#ÿÿd#########d##########¯###An additional authorization is needed for other specialty care or more than 16 office visits, which includes perinatal, genetic, special testing procedures, and high-risk pregnancies. The inpatient or delivery authorization is requested by the facility upon admission. If the admission is not authorized, the payment will be your responsibility under the point-of-service (POS) option and you will be responsible for the charges.#

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÷mûæ s#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########Z#########N###Maternity care from a network provider without obtaining a referral: POS option#Responsible for annual deductible $300 for an individual $600 for a family#Out-of-pocket cost-shares 50% of the TRICARE allowable charge#Responsible for any additional charges from non-network providers, up to 15% above the TRICARE allowable charge

##########ÿ□#ÿÿd#########d#########Ü###If a Prime beneficiary chooses to receive her maternity care without obtaining a referral, she will be exercising her POS option. This does not require disenrolling from TRICARE Prime but does entail significantly higher costs, which must be paid out of pocket. #When utilizing the POS option, TRICARE Prime beneficiaries are responsible for an annual deductible of $300 for an individual or $600 for a family. Once this deductible is met, out-of-pocket cost-shares for care received under the POS option are 50 percent of the TRICARE allowable charge. Beneficiaries will also be responsible for any additional charges from non-network providers, up to 15 percent above the TRICARE maximum allowable charge, as permitted by law.

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############################################ÿ□#ÿÿd#########d#########r##□##ÚömøV
      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########)###Should you Disenroll from
#TRICARE Prime?#
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÷mû& Ó#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#############It□s your decision, but before
you do□Check for available TRICARE network or authorized obstetriciansCheck for
available TRICARE network or authorized pediatricians for your newbornConsider the
increased costs not only for maternity care, but also for other health care

###ÿÿ#####ÿ□#ÿÿd#########d#########s###Because the requirement to get a nonavailability statement has been eliminated, some TRICARE Prime beneficiaries who currently receive care at their MTF are wondering if they should disenroll from TRICARE Prime and seek civilian maternity care under TRICARE Extra or TRICARE Standard. If you are one of these beneficiaries, make sure you check for the availability of an obstetrician or other maternity care provider before you make the decision to disenroll from TRICARE Prime. Due to escalating malpractice insurance costs, many obstetricians have limited their practices to gynecology only; others may not accept TRICARE Standard. You also should check for the availability of a pediatrician for your infant before disenrolling from TRICARE Prime.Expectant mothers on active duty will continue to obtain their care at MTFs. They cannot use TRICARE Extra or TRICARE Standard.

#/#########/#####$###########/#########/####ÿ□#ÿÿd#########K#########2##□##
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Ó###############□#ÿÿd#########d#########m###Must disenroll from TRICARE Prime
Subject to a one-year lockout from TRICARE PrimeDoes not apply to families whose
sponsor is #E-4 or belowPatients needing medical attention, other than maternity
care, will be subject to TRICARE Extra or TRICARE Standard cost-shares and
deductibles Care at MTF on a space-available basis□no guaranteed access to care at
the MTF3

##########ÿ□#ÿÿd#########d#########ê###In choosing civilian maternity care, a family must disenroll from TRICARE Prime and convert to TRICARE Standard. Switching to TRICARE Standard means not being able to re-enroll in TRICARE Prime for a period of one year unless the sponsor is in pay grade E-4 or below. During this time, patients needing medical attention, other than maternity care, will be subject to out-of-pocket expenses, such as deductibles and copayments.##Once a family converts to TRICARE Standard, all TRICARE Standard cost-shares are applicable. So for example, if a patient is pregnant and requires care for a broken leg or pneumonia, something not related to the pregnancy, the family would be required to pay cost-shares for health care, and that can be significant.

#5#########5#####$###########5#########5####ÿ□#ÿÿd#########K#########2##□## ÷□û□ □###############□#ÿÿd#########d#############Prenatal care, labor and delivery, and postnatal care with a civilian provider Beneficiaries are responsible for annual deductibles and cost-shares#The amount of the cost-share varies based on the length of stay in the hospital and the medical needs of the mother and baby

###ÿÿ#####ÿ□#ÿÿd#########d#########s###While TRICARE pays for the expenses of prenatal care, labor and delivery, and postnatal care with a civilian provider, patients will still have to make a copayment. The amount of the copayment varies based on the length of stay in the hospital, and the medical needs of the mother and baby. If a woman delivers early and has complications, the costs of her and her baby's care at a civilian facility could really add up in TRICARE Standard cost-shares. Remember, you have the option to stay TRICARE Prime and have your baby at a military facility. There are no cost-shares for care received in a military treatment facility. #

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###############$########################ÿ□#ÿÿd#########d#########2##□##
÷mûö#á###############□#ÿÿd#########Z#########/###Seek maternity care from TRICARE
network providersAnnual deductibles apply when you choose to deliver at home or as
an outpatient Active duty family membersE1-E4: $50/individual and $100/familyE5
and above: $150/individual and $300/familyRetiree/Retiree family members
$150/individual $300/family#
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for the mother#
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Family Members#
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##########ÿ□#ÿÿd#########d#########°###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.Please note that if you are an inpatient at the MTF, your inpatient charge per day is $14.35□so for 2 days or more you will begin to pay more for inpatient admissions for maternity care in a civilian hospital.

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the newborn
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Family Memberse
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##########ÿ□#ÿÿd#########d#############Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.It□s important to remember that even though a dependent daughter of an active duty service member or retiree is TRICARE eligible and covered for maternity care, the newborn is not deemed eligible for TRICARE unless the father of the baby□the baby□s sponsor□is an active duty service member or retiree. In those cases where the father is not an active duty or retired sponsor, you will be responsible for 100% of the inpatient and outpatient fees for the newborn.If the newborn is adopted by the dependent daughter□s sponsor, the baby will be covered under TRICARE as an active duty or retired family member (depending on status).#

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the mother#

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Retiree Family Member#
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##########ÿ□#ÿÿd#########d#########Þ###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.

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for the newborn

###ÿÿ#####ÿ##ÿÿd#########d#########ö###*This cost-share does not apply if the newborn is deemed enrolled in TRICARE Prime because at least one family member is enrolled in TRICARE Prime. The newborn costs would be the same as for other retiree family members enrolled in TRICARE Prime.

##########ÿ□#ÿÿd#########d##########=###Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.Examples:Same newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on the same date that the mother is admitted into the hospital for delivery.Different newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on a different date then the mother is admitted for delivery. For example, if the mother is admitted on May 5th and the baby is actually born on May 6th or after, the costs for the newborn would fall into this category.Comments for footnote□please note from earlier: Retiree family members are responsible for $11 per day with a minimum charge of $25 for inpatient admissions. (Refer to slide #14)ù

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#################$##########################ÿ□#ÿÿd#########d#########2##□##
÷mû□  c###############□#ÿÿd#########Z#########*###Seek care from any TRICARE-
authorized provider#Annual deductibles apply when you choose to deliver at home or
as an outpatient Active duty family memberE1-E4: $50/individual and $100/familyE5
and above: $150/individual and $300/familyRetiree/Retiree family member
$150/individual $300/family
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üÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########1###This chart depicts maternity costs for
the mother#
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      #ûÿÿ$###ÿÿ######ÿ□#ÿÿd#########K#########2###TRICARE Standard Costs□#Active
Duty Family Members
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##########ÿ□#ÿÿd#########d#########±###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.Please note that if you are an inpatient at the MTF, your inpatient charge per day is $14.35□so for 2 days or more you will begin to pay more for inpatient admissions for maternity care in a civilian hospital.#

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üÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########2###This chart depicts maternity costs for
the newborn
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      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########2###TRICARE Standard Costs□#Active
Duty Family Members
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##########ÿ#ÿÿd#########d##############Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.Its important to remember that even though a dependent daughter of an active duty service member or retiree is TRICARE eligible and covered for maternity care, the newborn is not considered eligible for TRICARE unless the father of the babythe babys sponsoris an active duty service member or retiree. In those cases where the father is not an active duty or retired sponsor, you will be responsible for 100% of the inpatient and outpatient fees for the newborn.If the newborn is adopted by the dependent daughters sponsor, the baby will be covered under TRICARE as an active duty or retired family member (depending on status).#

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costs for the mother#
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      #ûÿÿ$###ÿÿ######ÿ□#ÿÿd#########K#########8###TRICARE Standard Costs□#Retiree
or Retiree Family Member
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##########ÿ□#ÿÿd#########d#########Ý###Fee for maternity care□Applies when you deliver your baby in a hospital as an inpatient. Services include prenatal care, inpatient admission for delivery, inpatient professional services for delivery, and postnatal care.e

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û¦#óûÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########2###This chart depicts maternity costs
for the newborn
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###ÿÿ#####ÿ##ÿÿd#########d#########ö###*This cost-share does not apply if the newborn is deemed enrolled in TRICARE Prime because at least one family member is enrolled in TRICARE Prime. The newborn costs would be the same as for other retiree family members enrolled in TRICARE Prime.

###########ö#########ö####ÿ□#ÿÿd#########d#########r##□##ÚömøV
#ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########K#########8###TRICARE Standard Costs□#Retiree or Retiree Family Member

##########ÿ□#ÿÿd#########d#########G###Inpatient Professional Fees for Newborn Care are fees that are not included in the maternity fee, such as services from a pediatrician.Examples:Same newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on the same date that the mother is admitted into the hospital for delivery.Different newborn date of birth and date of mom□s admission□this situation occurs when the baby is born on a different date than the date the mother is admitted for delivery. For example, if the mother is admitted on May 5th and the baby is actually born on May 6th or after, the costs for the newborn would fall into this category.Comments for footnote□please note from earlier: Retiree family members are responsible for $11 per day with a minimum charge of $25 for inpatient admissions. (Refer to slide #14)ÿ

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÷=û####ÿÿ####ÿÿ#####ÿ□#ÿÿd#########Z#########5###TRICARE offers well-baby and
well-child care for newborns up to age 6#Available to all TRICARE beneficiaries#
TRICARE Prime continues to offer the best value#to youNo copayments Enhanced
vision benefitPriority access to care#Deductibles and cost-shares apply when using
TRICARE Extra and TRICARE Standard#
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##########ÿ□#ÿÿd#########Z#########Å###Another great reason to stay enrolled in TRICARE Prime is the enhanced well-baby and well-child coverage.Covered care includes:Routine newborn careComprehensive health promotion and disease prevention examsVision and hearing screeningsHeight, weight, and head circumferenceRoutine immunizationsDevelopmental and behavioral appraisalThis care is available under all three options□TRICARE Prime, TRICARE Extra, and TRICARE Standard, however the vision benefit is enhanced under TRICARE Prime.##All three options provide for one eye and vision screening at birth and 6 months that test for visual acuity, ocular alignment, and red reflex.TRICARE Prime continues to provide for one comprehensive eye exam every two years□even beyond age six.##TRICARE Extra and TRICARE Standard on the other hand only allow for two comprehensive eye exams between the ages of 3 and 6. Applicable deductibles and cost-shares do apply for all well-baby and well-child visits.#

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s#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########¨###The other parent or guardian should be prepared to show power of attorney to register newborn in DEERS#Some expectant mothers may elect to return to#their families while their sponsor is mobilized#and/or deployed#These beneficiaries must follow certain guidelines to ensure that their claims are paid and that #point-of-service (POS) charges are not incurred#This refers to moves within and outside of your#current region

##########ÿ□#ÿÿd#########d#########%###If the sponsor is deployed or on TDY, the other parent or guardian should be prepared to show power of attorney to register the infant or adopted child in DEERS. Also, some expectant mothers, or a parent with a newborn may elect to return to their families while their sponsor is away on active duty. These beneficiaries must follow certain guidelines to ensure that their claims are paid and that point-of-service (POS) charges are not incurred if enrolled in TRICARE Prime. This refers to moves both within and outside of your current region. #

#################$##########################ÿ#ÿÿd#########d#########2#####
÷=ûÆ####################ÿÿd#########d#########A###TRICARE North RegionHealth Net Federal Services, Inc.www.healthnetfederalservices.com1-877-TRICARE (1-877-874-2273)TRICARE South RegionHumana Military Healthcare Services, Inc. www.humana-military.com1-800-444-5445#TRICARE West RegionTriWest Healthcare Alliance www.triwest.com 1-888-TRIWEST (1-888-874-9378)#

###ÿÿ#####ÿ□#ÿÿd#########d#########□###Be sure to contact your regional contractor if you have any questions about your maternity coverage at any time during your pregnancy.

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################□#ÿÿd#########d#########Á###TRICARE offers a comprehensive maternity benefit for you and your newborn#From preventive health services to better coordination with our civilian system and lower out-of-pocket costs for families, we have designed and fully implemented a strong, more uniform benefit# Wherever we maintain medical capability and capacity, whether through military or civilian services, our goal is a world-class health benefit that serves the needs of our memberst

###ÿÿ#####ÿ□#ÿÿd#########d#########K###Thank you for attending today□s seminar. We hope you found the information helpful. TRICARE offers a comprehensive health benefit for our beneficiaries. From preventive health services to better coordination with our civilian system and lower out-of-pocket costs for families, we have designed and fully implemented a strong, more uniform benefit for you. Wherever we maintain medical capability and capacity, whether through military or civilian services, our goal is a world-class health benefit that serves the needs of our members. Thank you for attending the New Parents Seminar.#

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3#ÿÿ####ÿÿ#####ÿ#ÿÿd#########d#########f###Please provide feedback on this
presentation at:http://www.tricare.osd.mil/evaluations/presentations

###ÿÿ#####ÿ□#ÿÿd#########d#########□###TRICARE has set up a Web site allowing you to evaluate its marketing materials. Please visit the site listed and provide us with your feedback.#

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